



cini choices

All choices £6.95 each...

Sandwiches

Houmous e Gamberi

Houmous, prawns and garden leaves.

Pomodoro Mozzarella e Basilico

Tomato, mozzarella and basil.

Frittata

Uova Funghi e Mozzarella

Eggs, mushrooms and mozzarella.

Uova Spinaci e Parmigiano

Eggs, spinach and parmesan.

Pizza

Marinara

Tomato, garlic and oregano.

Margherita

Tomato, mozzarella and basil.

Napoletana

Tomato, olives, anchovies, garlic and capers.

Bruschetta Funghi

3 slices of grilled bread topped with mushroom and parmesan, then gratin.



cini choices

All choices £7.95 each...

Sandwiches

Scamorza pollo e spinaci

Scamorza cheese, chicken and spinach, toasted bread.

Verdure grigliate e ricotta

Grilled vegetables and ricotta cheese, toasted bread.

Pasta

Penne arrabbiata

Penne, tomato garlic and chilli.

Spaghetti bologna

Spaghetti with Bolognese sauce.

Penne napoletana

Penne, napoletana sauce and parmesan cheese.

Pizza, panini rustici, calzone fritto

The following ingredients can be prepared as either Pizza or as Rustico, folded and cut into wedges, or as Calzone Fritto.

Funghi e mozzarella

Mushrooms, mozzarella, tomato and parmesan.

Salame piccante

Tomato, mozzarella, spicy salame, parmesan and basil.

Bruschetta Crudo

4 slices of grilled bread topped with Parma Ham and mozzarella, then gratin.



cini choices

All choices £8.95 each...

Sandwiches

Manzo e radicchio

Grilled beef, radicchio leaves, black pepper and granary mustard dressing, toasted bread.

Tartara

Prawns, hard boil eggs, asparagus, black olives, roasted peppers, mayonnaise and salad leaves.

Pasta

Spaghetti gamberi e zucchine

Spaghetti pasta sautéed with prawns, courgettes, tomato concasse, garlic and a touch of chilli.

Penne al salmone

Penne pasta sautéed with salmon, onion, cream and a touch of Napolitana sauce.

Insalate

Pollo alla griglia

Grilled chicken, salad leaves, cherry tomato, onion and balsamic dressing.

Caprino e verdure

Goats cheese roasted on grilled vegetables.

Insalata salmone

Chunk of smoked salmon slightly grilled, served on salad leaves and avocado, topped with lemon dressing.

Pizza, panini rustici, calzone fritto

The following ingredients can be prepared either as a Pizza or Rustico, folded and cut into wedges, or as Calzone Fritto.

Pollo funghi

Chicken, mushrooms, tomato, mozzarella and chilli.

Salsiccia e peperoni

Italian sausages, tomato, mozzarella and roasted peppers.

Crudo e rucola

Mozzarella, mascarpone, rocket and Parma Ham.

Verdure e ricotta

Grilled vegetables, tomato and ricotta.

Piatto unico £9.95

These dishes are popular in all the large cities in Italy. Great dishes for hard working people with little time for lunch. Containing just the right amount of protein and carbohydrate to give you a midday energy boost!

Fegato alla Veneziana e gnocchi

Calf liver pan fried with onion and white wine, served with potato dumplings.

Spezzatino alla Toscana

Top Rump casserole with winter vegetables and herbs Tuscan style served with mash.

Filetto di orata dorato con tagliolini al basilico

Fillet of guilt head bream in herbs, perfumed bread crumbs, shallow fried and served on fresh basil tagliolini.

let's do lunch more often